Shoulder Pathway

**1st Assessor**
- GP or Physio (after self referral)

**RED FLAGS**
- Any mass or swelling
- Red skin, fever or systemically unwell
- Trauma / epileptic fit / electric shock loss of rotation and abnormal shape
- Pain and acute rotator cuff weakness following trauma
- Radiculopathy and motor defect +/- wasting

**Urgent Referral to the appropriate clinician**

**Useful Resources:**
- http://www.patient.co.uk
- www.nhsinform.co.uk/msk
- www.healthyworkinglives.com
- http://www.healthyworkinglives.com/working
- Equally Well
- Working Health Services Scotland (WHSS)
- Mental Health Pathway
- Provided self management to MSK patients to extreme levels of anxiety or depression at initial or final AMP assessment.
- On initial assessment:
  - EQ5D of 3.4 or 5 in anxiety or depression [QUESTION 5]
  - Resource pack offered and recorded in Trakcare
  - EQ5D of 3 anxiety or depression invited to receive further assessment and support from care managers.
- Consider SCI Gateway
- Key:
  - Conditions
  - G.P. / Physio
  - Physio
  - G.P. - orthopaedics
  - Physio - Combined

**Additional Services:** Please consider at initial assessment with patient
- Mental Health Pathway
- Working Health Services Scotland (WHSS)
- Equali(Health & Employability Pathway)
- Improving health and tackling inequalities
- With its partners it can support disabled people and those experiencing many barriers to work into mainstream employment.
- If your patient has a disability or health condition and wants to start or return to work then Equally Well can support them with sustainable employment.